



# FTC Best Practice 7

## Therapeutic Responses

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### Provisions (adapted)

#### **A Child and Family Focus**

The goal of all responses is to: support and improve parenting, improve parent child relationships, and increase family function

#### **B Treatment Adjustments**

Adjustments are often needed as participants needs become clearer. These should be made based on the expertise of clinical team members.

Explain that these changes are for support of healing: not an incentive or sanction

#### **C Complementary Service Modifications**

Consider barriers: housing, income, education, transport, disabilities, & trauma  
Reflect on these barriers when assigning supports AND sanctions

#### **D FTC Phases**

Expectations ascending phases are clear, based on specific milestones & objectives. These criteria are laid out in the Policy and Procedures Manual and the Participants Manual.

Phases are one way, demotion to earlier phases does not support recovery.

#### **E Incentives and Sanctions Promote Engagement**

Focus of both incentives and sanctions are designed to promote engagement and recovery

Holding participants accountable to expectations is critical, as is individualized support

#### **F Certainty**

The team has a system for checking effectiveness and equity of responses  
Services & Supports are given in a consistent and timely manner

#### **G Equitable Responses**

The FTC team should regularly be reflecting on potential for bias and equity of responses for all participants with similar conduct.

#### **H Advance Notice**

Participant handbook and policy and procedure manual Identify responses

These documents are available to all team members

Participants are given a handbook and expectations are explained & clarified

#### **I Timely Response Delivery**

Participants and Team communicate at least once per week

Responses are given for compliant or non-compliant behavior as soon as possible