



Washington Family Treatment Courts Best Practice Standards Training

Best Practice Overview: Behind the Document

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Funding and Partners Acknowledgement

This project is supported by Grant # 2020-AR-BX-K001 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect those of the Department of Justice or our partner organizations.



Learning Goals

Best Practices Overview

Develop a familiarity with the Best Practice Guide

Introduce tools to help with your implementation of the FTC Best Practice Standards

Assess your level of understanding of this guide as a baseline for future work



*Family Treatment Court
Best Practice Standards*



Center for Children and Family Futures
Strengthening Partnerships. Improving Family Outcomes

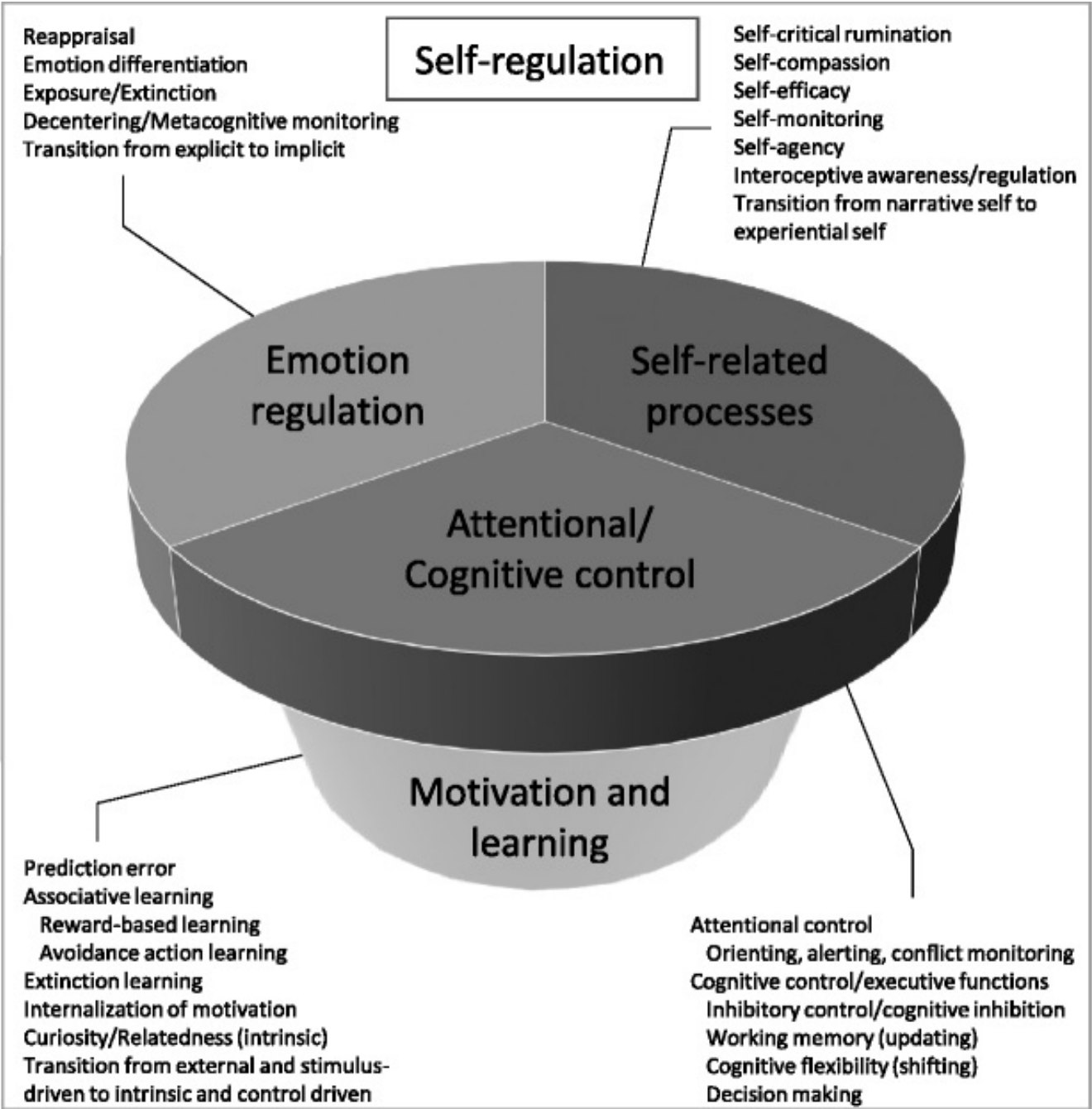


Materials

- Mindfulness tools



Mindfulness-based interventions



Behavior change

**“Self-care is not
self-indulgence, it is
self-preservation.”**

AUDRE LORDE

feminist and civil rights leader





Materials

- Mindfulness tools ↑ Attentiveness and Cognition ([Schuman-Olivier, 2020](#))
 - Trauma Informed Practice – Best Practice One Provision H
- FTC Best Practice Pdf or Printed Booklet
- Materials from your court: Policy and Procedure Manual, MOU documents, Participants Manual, and any other developed materials that could use review.



How to Use the Best Practice Standards

FYJP, CFF and NADCP have copies for download

Basic Layout:

Overview Section:

- Executive Summary, p iii-vi
- Extensive list of writers and reviewers

8 Best Practice Standards

- Provisions for each standard
 - rationale and key considerations





Sample of the research behind these recommendations

Bruns, E. J., Pullmann, M. D., Weathers, E. S., Wirschem, M. L., & Murphy, J. K. (2012). Effects of a Multidisciplinary Family Treatment Drug Court on Child and Family Outcomes: Results of a Quasi-Experimental Study. *Child Maltreatment, 17*(3), 218–230.



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Biography Projects **Publications**

- What happens when training goes virtual? Adapting training and technical assistance for the school mental health workforce in response to COVID-19 (2021) School Mental Health
- Influences of inner and outer settings on Wraparound implementation outcomes. (2021) Global Implementation and Applications of the American Academy of Child & Adolescent Psychiatry
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- User-centered redesign of evidence-based psychosocial interventions to enhance implementation - Hospitable soil or better seeds? (2020) JAMA Psychiatry 37(3):3-4.
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- The role of the outer setting in implementation: associations between state demographic, fiscal, and policy factors and use of evidence-based treatments in mental healthcare. (2019) Implementation Science 14(24):1-13.
- Psychotropic polypharmacy among youth with serious emotional and behavioral disorder receiving care coordination. (2018) Psychiatric Services 69(3):716-722.
- Impact of Electronic Health Record on quality and fidelity of children's behavioral health services: Results of a randomized study. (2018) Journal of Medical Internet Research 20(9):e101027.
- Pilot test of an engagement, triage, and brief intervention strategy for school mental health (2018) School Mental Health
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- Predictors of disparities in access and retention in school-based mental health services (2018) School Mental Health 9(1):1-11.
- Twenty-five years of wraparound care coordination research: A comprehensive review of the literature. (2017) Journal of Child & Family Studies 26(2):1210-1215.
- Fostering SMART partnerships to develop integrated behavioral health services in schools (2016) American Journal of Orthopsychiatry 86(2):156-170.
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- The Contextualized Technology Adaptation Process (CTAP): Optimizing health information technology to improve mental health systems (2016) Administration and Policy in Mental Health and Mental Health Services Research 42:324-403.
- Research, Data, and Evidence-Based Treatment Use in State Behavioral Health Systems, 2001-2012 (2015) Psychiatric Services
- The Brief Intervention for School Clinicians (BRISC): A mixed-methods evaluation of feasibility, acceptability, and contextual appropriateness (2015) School Mental Health
- Taking EBPs to school: Developing and testing a framework for applying common elements of evidence-based practice to school mental health (2014) Advances in School Mental Health Promotion 7:42-61.
- Taking evidence-based practices to school: Using expert opinion to develop a brief, evidence-informed school-based mental health intervention (2014) Advances in School Mental Health Promotion 7:102-121.
- Improving the impact of school-based mental health and other supportive programs on students' academic outcomes: how do we get there from here? (2014) Advances in School Mental Health Promotion 7(1):3-4.
- Family voice with informed choice: Coordinating wraparound with research-based treatment for children and adolescents. (2014) Journal of Clinical Child and Adolescent Psychology 43(2):256-269.
- Improving the evaluation and impact of mental health and other supportive school-based programmes on students' academic outcomes (2013) Advances in School Mental Health Promotion 6(1):226-230.
- Academic outcomes of an elementary school-based family support programme. (2013) Advances in School Mental Health Promotion 6(1):238-246.

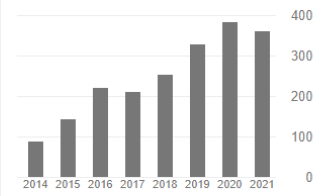


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[Children's Mental Health](#) [Juvenile Justice](#) [Family Support](#) [Analysis](#)

TITLE	CITED BY	YEAR
Juvenile offenders with mental health needs: Reducing recidivism using wraparound MD Pullmann, J Kerbs, N Koroloff, E Veach-White, R Gaylor, D Sieler Crime & Delinquency 52 (3), 375-397	202	2006
Research, data, and evidence-based treatment use in state behavioral health systems, 2001-2012 EJ Brunns, SEU Kerns, MD Pullmann, SW Hensley, T Luterman, ... Psychiatric Services 67 (5), 496-503	116	2016
Barriers to and supports of family participation in a rural system of care for children with serious emotional problems MD Pullmann, S VanHooser, C Hoffman, CA Heflinger Community mental health journal 46 (3), 211-220	111	2010
Engaging foster parents in treatment: A randomized trial of supplementing trauma-focused cognitive behavioral therapy with evidence-based engagement strategies S Dorsey, MD Pullmann, L Berliner, E Koschmann, M McKay, E Deblinger Child abuse & neglect 38 (9), 1508-1520	100	2014
Improving practice in community-based settings: a randomized trial of supervision-study protocol S Dorsey, MD Pullmann, E Deblinger, L Berliner, SE Kerns, K Thompson, ... Implementation Science 8 (1), 1-11	94	2013
Adolescent use of school-based health centers and high school dropout SEU Kerns, MD Pullmann, SC Walker, AR Lyon, TJ Cosgrove, EJ Brunns Archives of pediatrics & adolescent medicine 165 (7), 617-623	74	2011
Effects of a multidisciplinary family treatment drug court on child and family outcomes: Results of a quasi-experimental study EJ Brunns, MD Pullmann, ES Weathers, ML Wirschem, JK Murphy Child Maltreatment 17 (3), 210-230	70	2012
Addressing discipline disparities for Black male students: Linking malleable root causes to feasible and effective practices CR Cook, MT Duong, K McIntosh, AE Fiat, M Larson, MD Pullmann, ... Child Abuse and Neglect 43 (2), 435-450	68	2018

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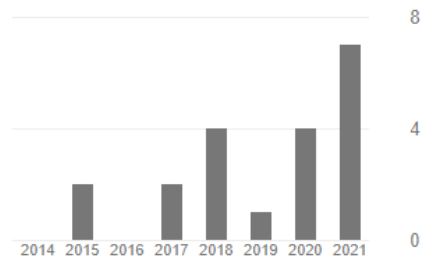
Based on funding mandates

Co-authors

Shannon Dorsey
Associate Professor of Psycholo... >

TITLE	CITED BY	YEAR
The stochastic modelling of kleptoparasitism using a Markov process M Broom, ML Crowe, MR Fitzgerald, J Rychtář Journal of Theoretical Biology 264 (2), 266-272	16	2010
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On deterministic and stochastic models of kleptoparasitism M Crowe, M Fitzgerald, D Remington, J Rychtar Journal of Interdisciplinary Mathematics 12, 161-180	9	2009
Conspecific Attraction Drives Intraspecific Aggregations by <i>Nephila clavipes</i> Spiders MR Fitzgerald, AR Ives Ethology 123 (1), 51-60	2	2017

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About this journal

Published quarterly, *Child Maltreatment (CM)* is the official journal of APSAC, the nation's largest interdisciplinary child maltreatment professional organization. The objective of *CM* is to foster professional excellence in the field of child abuse and neglect by reporting current and at-issue scientific information and technical innovations in a form immediately useful to practitioners and researchers. This journal is a member of the [Committee on Publication Ethics \(COPE\)](#).

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Tools

- [Cheat Sheet](#)
- [Transitioning to a family centered approach](#)
- [Family Treatment Court Planning Guide](#)

8 FTC BEST PRACTICE STANDARDS

1 Organization & Structure

- Structural and organizational principles are collaboratively developed and supported by research.
- Core programmatic components, day-to-day operations, and oversight structures are documented in the FTC policy and procedure manual, participant handbook, and MOUs

2 Role of the Judge

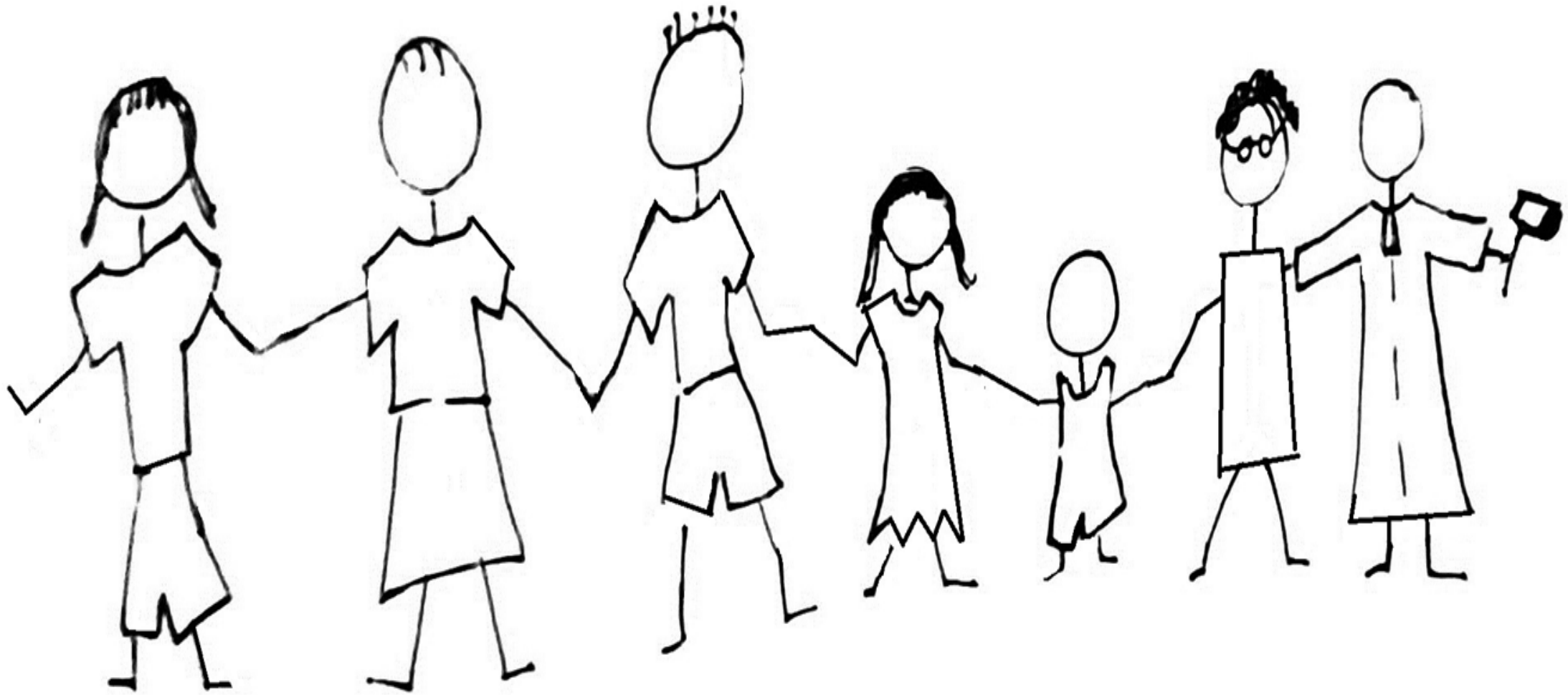
- Works with leaders of partner agencies and other stakeholders to establish clear roles and a shared mission and vision; and engages them in the development, implementation, and ongoing operations of the FTC
- Convenes team meetings to identify shared values, voice concerns, and find common ground.
- Develops rapport with participant (*among the most important components of the FTC)

3 Ensuring Equity & Inclusion

- Collect and analyze data to determine if disproportionality or

Team Learning Opportunities

- Online Modules
 - Developed for new Team Members
 - Intro, BP 1 and BP 2 available now
- Community of Practice
- Listservs
- CFF Technical Assistance
- NADCP Training
- SAMHSA Training
- Crosstraining within your team



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