Maintaining Connections Through Virtual Family Time

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Court Improvement Training Academy (CITA)

Washington State Office of Public Defense

Using ZOOM

- In this course all participants will be placed on mute and the only picture will be of the presenter or the PowerPoint.
- The session is being recorded
 - You will not be seen in the recording
- Move your cursor and icons will appear.
 - Use chat to Gideon Newmark if you need technical help
 - Use chat to Kelly Warner-King if you have a content question, suggestions or issues you would like addressed

Introductions

- Brandy Otto, Office Chief for Child Welfare, DCYF
- Kelly Warner-King, Co-Director,
 Court Improvement Training
 Academy at AOC

Welcome What we will cover

- Federal Guidance
- State Policies
- How virtual visits can occur
- Children by age
- Families supporting
- Professionals your role
- What you need

Federal Children's Bureau

March 27, 2020

- ALL legal mandates continue.
- In all cases, title IV-E requires that the following hearings be held and determinations made:
 - Contrary to the welfare (Pick up Orders, Shelter Care Orders, Dependency Orders)
 - Reasonable efforts to prevent removal (Shelter Care Orders, Dependency Orders, Permanency Planning Orders)
 - Reasonable efforts to finalize the permanency plan (Dependency Review Orders, Permanency Planning Orders
 - Six-month review and 12-month permanency hearings
- Hearings in-person or by videoconferencing

Federal Children's Bureau

- Children kept in communication with their attorneys
- Case by case decisions avoid blanket orders
- Ensure parents, children, and caregivers have access to technology
- Stipulated orders (agreed), when possible
- Consider whether children may be reunified with their parents in an expedited manner.
- Lack of, or inability to access, treatment or services due to provider closures during the pandemic should not be interpreted as a lack of parental compliance.

Federal: Visitation

- Family time is important for child and parent well-being, as well as for efforts toward reunification.
- Ensuring that family time continues.
- Become familiar with ways in which inperson visitation may continue to be held safely.
- Consider the use of family members to supervise contact and to engage in visitation outdoors.
- Encourage Resource Parents to support visits of all types.

Washington State Directive of the Governor 20-02

- ► Effective April 1, 2020
 - Provide for video visitation
 - Utilize available funding to acquire and expedite the distribution of equipment
 - Prepare and distribute guidance regarding the use of video technology
 - Ensure technology support is readily available as needed

Washington State Directive of the Governor 20-02

- ► Effective April 1, 2020
 - Conduct meetings with visitation providers to assess implementation of video visitation
 - To require foster parents to use available means for video visitation in order to support ongoing contact for children, parents and siblings

Changes to Visits

- Bad News
 - Limited in person visits
- Good News for <u>virtual visits</u>
 - No transportation issues
 - Easier supervision and observation
 - Less conflicts in scheduling
 - Monitors, visit supervisors, coaches can continue services
 - New courts orders not needed, in most cases
 - Physical safety is not an issue

Why family time is even more important now

- Children and Youth
 - Bonding and attachment is essential
 - Reduce trauma and loss
- Maintaining relationships beyond Mom & Dad
 - Siblings; Grandparents; Relatives; Friends; School
- Connections is the True Goal!
 - This is a time of physical distancing DO not make it a time of social and emotional distancing.

When in person visits are not possible

Some options are more powerful than others.

- 1. Audio and visual Skype, Facetime, Zoom, etc.
- 2. Audio only phone calls
- 3. Text only live SMS, chat apps
- 4. Recordings no live interaction recordings using audio and/or visual
- Written and photos US mail, email

Options and Creativity: What works

- Different ages = different approaches
- Confidentiality
- Safety
- Engaging all parties in the planning
- Internet has hundreds of ideas, apps, tools, etc.

Roles & Responsibilities

Parents

- More frequent but shorter virtual visits
- Opportunities to grow and learn during virtual visits

Caregivers

- Support child's well-being
- Visits minimize traumatic and behavioral reactions
- Requires participation for activities
- Confidentiality can be maintained

Professionals

- Stay in contact with clients/families
 - Frequent contact via virtual visits
 - Address the emotions of children and families
 - Some In Person visits will be needed follow guidelines
- Creativity is key
 - Make visits a priority
 - Prepare parents, caregivers and children for visits
 - Opportunities created by virtual visits
- Technology

Resources

- Websites
 - CITA: www.wacita.org and https://www.wacita.org/resourcesfor-family-time-in-the-covid-19-era/
 - DCYF:
 https://www.dcyf.wa.gov/coronav
 irus-covid-19/child-welfare

New resources being added regularly

Resources

- Information on these websites
 - Long distance activities and methods
 - Virtual Visits Recommendations and Resources
 - DCFY: Tips for parents, caregivers, workers, service providers, Family Time Interim Policy
 - ▶ Federal Letter
 - Governor's directives (20-02 and 20-33)
- Send Kelly Warner-King any resources or webpages you think should be shared.

Kelly.Warner-King@courts.wa.gov

What else do you need?

- Two polls to allow you to tell us what other topics you would like to have in future webinars.
- You can select more than one answer on each poll.
- You should see them one at a time on your screen.

CLE or CJE credits

- If you would like CLE or CJE Credits for attending this webinar:
- By April 29, 2020, send an email to Susan Peterson at <u>susan.peterson@courts.wa.gov</u> with the following information:
- Name & Date of the Webinar
- Your name
- Your WSBA#
- Your court name (for judicial officers)

Open chat

- In the Chat box
- What is working well? And Why? What was in place to make it work well?
- Write our questions, needs, or concerns.
- If you want, please write where you work or give us an email so we can follow up on your comments or suggestions.
- After webinar: We hope to hear from you now and in the future. Send any comments, suggestions, resources or questions to Kelly Warner-King.

Kelly.Warner-King@courts.wa.gov